





# Working together to bridge the gap to employment.



Bridge Northumberland is a voluntary programme to help people living in Northumberland who are out of work and aged 16+ to overcome barriers to training, education and work.

"I wouldn't be here without Bridge. My life is much better now — I'm now able to put my past behind me and move on."

Tasha



## Bridge Northumberland is here to help you take control and change your life by:

- Providing one to one support
- Helping you with skills and training
- Finding opportunities to unlock your potential
- Boosting your confidence and future prospects

#### What we do

We do this by giving you one to one support from a dedicated Bridge worker who'll be with you every step of the way to improving your confidence and developing your skills.

Our support is **free.** The programme is **completely voluntary** and for anyone who is:

- Aged 16 years not in education or training
- 18 to 65 and unemployed
- Lives in Northumberland

#### How we work with you

Your Bridge worker will work with you to create personalised unique support package depending on your needs, taking realistic, manageable steps towards your development. We'll help you to build on your strengths and goals, using the skills and expertise of our charity partners.

## Our support includes:

- one-to-one contact (by phone or meetings)
- support to get into training and education
- access to volunteering opportunities
- coaching and counselling to help your mental wellbeing
- advice on money and debt management
- digital skills training
- support with job searching, application forms, CV writing and job interview skills

#### Who we are

We are funded by The National Lottery Community Fund and The European Social Fund. Northumberland County Council is our lead partner.

Our free service is delivered by our expert charity partners across Northumberland. The Bridge Northumberland partnership has lots of experience and knowledge in supporting people.

Since 2018 we've successfully supported over 1,000 Northumberland residents to get a positive outcome.

# This sounds perfect for me – what now?

To find out more, just get in touch with us for a friendly chat.

Call 01670 858688

**Email** bridgereferral@northumberlandcva.org.uk

**Text** Send the message 'BRIDGE' to 07393 796 522 and receive a callback

Refer yourself - Sign up online:

www.bridgenorthumberland.org.uk/referrals



Any benefits you are currently receiving will not be affected by engaging with our programme. Signing up with Bridge Northumberland is completely voluntary.



## bridgenorthumberland.org.uk

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