





Health in Rural Northumberland

Issues & Solutions

Community Action Northumberland
Annual Rural Conference 2018

Kindly sponsored by



Community Action Northumberland



“to benefit and help sustain rural communities in Northumberland”

- Promoting rural issues (‘rural voice’)
- Empowering organisations
- Supporting individuals



Northumberland Association
of Local Councils

Why health?

- Top rural issue in national survey (RSN, 2017)
- Closure /centralisation of service outlets
- Political agenda at all levels
- Intrinsically linked to other issues
 - employment
 - housing
 - transport
 - deprivation
 - etc

Why health?

State of Rural Services Report (2017)

- The rural population is **ageing**, which will place extra demand on services like GP surgeries and adult social care.
- Rural areas score badly on certain **Public Health Outcome** indicators, mainly those related to service provision (e.g. health checks, screening access) or those on traditional rural concerns (e.g. isolation, road casualties).
- **Funding** for public health is much lower for rural than urban local authorities. Some rural areas get under £30 per resident. The England average is £51.
- **Suicide rates** are relatively high in rural areas and farmers have the highest rate among any occupation (because of their tendency not to seek help).
- **Mental health services** are more restricted in rural NHS Trust areas. Relative to their populations, rural areas have fewer doctors, nurses, social workers and therapists, with fewer home visits and in-patient facilities.

Issues & Solutions

CAN

- Warm Hubs
- Rural Employment Hubs
- Community-led housing
- Village halls & community buildings
- Energy & fuel poverty
- etc



Agenda

- **Setting the scene**

Katie Scott, Coordinator, Save Rothbury Community Hospital Campaign

- **Health & poverty in rural Northumberland**

Emma Richardson, Senior Manager (Poverty Lead) NCC

- **Strategic approaches to addressing Northumberland's rural health issues**

Liz Morgan, Northumberland Director of Public Health

- **Local Solutions**

- Derry Nugent, Northumberland Healthwatch

- Sarah Gorman, St Edberts House

- Christine Nicholls, CAN

- Jane Pannell & Jan Casson, North Northumberland Voluntary Forum

- **Table discussions**

Table discussions

Objectives:

- *Identify solutions already working in your community*
- *Identify other possible solutions which should be considered*
- *Where possible, identify which organisation could develop these further*

Contact details

Email: info@ca-north.org.uk

Tel: 01670 517178

Address: Union Enterprise Building
Front Street
Pegswood
NE61 6UF

Website: www.ca-north.org.uk