

Prudhoe Employment Hub

**Every Friday 10am – 3pm
Spetchells Centre**

We offer support to anyone looking to enter employment including:

- Access to online job search
- Careers advice
- Support with developing an individual action plan to help you move closer to employment, looking at areas such as writing CVs, preparation for interview, and core work skills such as communication and numeracy
- IT mentoring for those with no computer experience
- Help finding further training, volunteering opportunities and work experience.
- A simple free lunch (choose before 11am on the day)
- Help with travel expenses
- A chance to meet new people
- Training sessions focused on searching for jobs, health and wellbeing

All delivered by friendly staff in a supportive atmosphere.

For more details contact: Julia Plinston:
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